

**TRAIN HARD.
START STRONG.
DOMINATE THE SEASON**

TRAINING DAY

w/ Luciano Lomanno & Eric Nystrom

SATURDAY, MAY 17TH

2 HOURS ON ICE TRAINING
OFF ICE STRENGTH & AGILITY TRAINING
SNACKS & LUNCH

\$195 PER PLAYER

10U & 12U Players

- Check in at 9:30am
- Pick up at 2:30pm

14U & 16U Players

- Check in at 10:30am
- Pick up at 2:30pm

OPEN TO ALL TRAVEL
LEVEL PLAYERS
LIMITED SPACE AVAILABLE

REGISTER ONLINE AT
PBSKATEZONE.COM



Former Professional
European Player



Former NHL Player

PALM★BEACH
SKATEZONE

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Questions? Please contact Mimi Sellian at 772-418-5593