

# FIGURE SKATING GROUP CLASS

PRE-FREESKATE - PRELIMINARY

**SATURDAY 8:45 - 10:45AM**

20 minute Warmup - On Ice  
Edges, Footwork, Power

40 minutes of On Ice Class  
Jumps & Spins  
Artistry & Spirals  
Moves in the Fields

30 minutes of Off Ice Training  
Balance, Stretch, Yoga, & Strength

*Take your skating to the next level*

SCAN TO  
SAVE FLYER



SCAN TO REGISTER  
FOR GROUP FIGURE  
SKATING CLASS



## PACKAGE OPTIONS:

**5 CLASSES - \$235**

**10 CLASSES - \$420  
(SAVE \$50)**

**All participants MUST  
provide a valid USFSA #**

REGISTER AT [PBSKATEZONE.COM](https://pbskatezone.com) TODAY

FOR MORE INFORMATION CONTACT  
AUDRA AT [AUDRA@PBSKATEZONE.COM](mailto:audra@pbskatezone.com)

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