

# I.T.C.

## INTENSIVE TRAINING CAMP

### RAISE THE BAR

PALM★BEACH  
**SKATE  
ZONE**

ITC is designed for figure skaters who skate at a Pre-Freeskate-Senior level with a focus on strength, power, endurance & artistry through consistent daily training

JUNE 3 - 7	JULY 8 - 12
*JUNE 10 - 12	JULY 15 - 19
JUNE 17 - 21	JULY 22 - 26
JUNE 24 - 28	JULY 29 - AUGUST 2
*JULY 1 - 3	AUGUST 5 - 9

**REGISTER BY  
MAY 15TH  
TO SAVE \$40  
PER WEEK**

## INCLUDED DAILY

8:30am - 3:30pm

- Power/Dance
- Freestyle Sessions
- Lunch & Snack
- 1 Off Ice Class
- 2 On Ice Classes
- Classroom Session

## PRICING

### FULL 5 DAY WEEKS

Register By May 15 **\$359 PER WEEK**

Register After May 15 **\$399 PER WEEK**

\* HOLIDAY WEEKS -  
JUNE 10 - 12 & JULY 1 - 3

Register By May 15 **\$315 PER WEEK**

Register After May 15 **\$339 PER WEEK**

**DUE TO LIMITED SPACE WEEKLY  
REGISTRATIONS ONLY & NO MAKEUPS**

**All campers MUST be a  
Skate USA or PBFSC member**



### ON ICE CLASSES

IJS Spin  
Jump Technique  
Artistry in Motion  
MIF/Footwork

### OFF ICE CLASSES

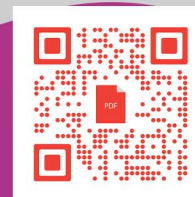
Stretch  
Conditioning  
Off Ice Jumps  
Ballet, Jazz, Modern

**REGISTER TODAY**

**AT [PBSKATEZONE.COM](http://PBSKATEZONE.COM)**

**PAYMENT PLAN AVAILABLE  
MUST BE PAID IN FULL BY MAY 29**

SCAN TO REGISTER OR SAVE FLYER



For more info contact Audra  
561-963-5900 or [audra@pbskatezone.com](mailto:audra@pbskatezone.com)

[www.pbskatezone.com](http://www.pbskatezone.com) | 8125 Lake Worth Rd., Lake Worth FL 33467